



PRESCHOOL STUTTERING PROGRAM INFORMATION

INITIAL CONSULTATION

All families begin with an initial consultation. This is our opportunity to:

- evaluate your child's particular needs and risk factors for persistent stuttering
- provide you with information and treatment recommendations
- discuss helpful things you can begin to do right away to help your child at home

Prior to the initial consultation families are invited to complete an **intake questionnaire and provide a **video sample** of your child stuttering at home

FEES

Initial Consultation: \$200

Includes pre-analysis of your child's case history and video sample; and a 60-min in-clinic or phone appointment

Individual Treatment:

\$130 per 45-minute session

\$90 per 30-minute session

Clinical support via phone or email:

\$60 for 20 minutes

***All services** are available via **phone** or **videoconference** for clients in Ontario who are unable to attend in person

Financial assistance may be available to those who qualify

Our programs are based on an understanding of the **individual** needs of preschoolers who stutter and their families. There is no one-size fits all.

Treatment is **comprehensive** and founded on research-based approaches and more than 20 years of clinical experience. We are currently commissioned by the Ontario government to train other Speech-language pathologists across Ontario in the area of preschool stuttering.

TREATMENT TYPES

There are many different approaches to helping your child with their stuttering. Your SLP will advise you on the best option for your child.

Counseling and Monitoring

- Develop a home program based on your child's specific needs
- Receive ongoing clinical support and monitoring of progress by phone, email, or in-clinic

Palin Parent-Child Interaction Approach

- Learn and refine home treatment strategies during approximately 6 weekly sessions followed by approximately 6 weeks of consolidation

Lidcombe Program for young children

- A behavioural approach to stuttering treatment based on parent feedback
- Typical treatment time is 12-20 weeks followed by structured maintenance support

Supplementation with Fluency Skills

- You and your child learn skills for breathing, pausing, voicing, or mouth movements to support fluency. Parents learn to support skills in day to day speech



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