

# SCHOOL-AGE WEEKLY FLUENCY PROGRAM

(for children 6-9 years old)

#### **Establishment of Fluency Shaping Skills**

Learn effective patterns of breathing, voicing, and mouth movements that optimize fluent, easy talking

#### **Attitudes and Emotions**

Understand how thoughts and feelings help us to be effective communicators

#### Self-Talk Techniques

Practice real life strategies to be prepared to use what you've learned

#### Transfer

Put your skills in action in the real world where it matters

#### **Maintenance Support**

Access a plan to keep your skills strong and receive continued support from your SLP



#### **Treatment Formats:**

Individual Treatment: 45 minutes each week 16 week program

Group Treatment:

2 children 1 hour each week 16 week program

Parents or Caregivers participate in each session and are provided with daily home practice activities

### PROGRAM INFORMATION

#### **Program Fees:**

Individual Treatment: \$130 per 45 minute session

**Group Treatment:** \$100 per session for each child

## \*\* Financial Assistance may be available for those who qualify

All clients must be seen for an assessment prior to enrollment

To make a referral, request more information, or access a free 15 minute consultation please contact:

#### Lea J. Ayuyao Speech-Language Pathologist

Tel: (416)491-7771 x220 Fax:(416)491-7215

leaa@speechandstuttering.com